



MENU FOR THE WEEK 19TH FEB'18 - 25TH FEB'18

CHINESE SPECIAL

TIMINGS	ITEMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6.20-6.25 AM	MILK	HORLICKS	BOURNVITA	COMPLAN	BOOST	HORLICKS	BOURNVITA	COMPLAN
7.20-7.50 AM	BFEST	PANEER&VEG STUFF PARANTHA	IDLI	MASALA DOSA	UTTAPPAM	VEG BAMBINO	CUTLET IMLI CHUTNEY/GREEN CHUTNEY	VEG MAGGIE MASALA
		MINT CHUTNEY	CHUTNEY/SAMBHAR	CHUTNEY	CHUTNEY	CHUTNEY	BOILED GREEN PEAS	TOMATO SAUCE
		CURD	GHEE/KARAMPUDI	SAMBHAR	SAMBHAR	-		
		CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CHACO CHIPS
		B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM
		B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE
		BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG
12.20-1.30	LUNCH							
	SALAD	BOILED PEAS	BEETROOT / PEANUT SALAD	CEASAR SALAD	SPROUTS SALAD	CREAM SALAD	SHREDDED SALAD	
	SOUP	VEG CORN SOUP			MANCHOW SOUP			
	RICE	RICE / LEMON RICE	JEERA RICE	RICE	RICE	VEG FRIED RICE	RICE	
	ROTI	GHEE ROTI	GHEE ROTI	LACCHA PARANTHA	GHEE ROTI	VEG SOFT NOODLES	GHEE ROTI	
	CURRY	KADAI BEAN MASALA DRY	MIX VEG DRY	MUTTER PANEER	METHI CHAMAN	AMERICAN CHOPSEY	ALU GOBI	SPECIAL LUNCH
	DAL	PUDINA DAL	DAL MAKHANI	GONGURA DAL	DAL TADKA	VEG SPRING ROLL	RAJMA MASALA	
	CURD	CURD	CUCUMBER RAITHA	BUTTER MILK	CURD	ONION RAITHA	CURD	
	CHUTNEY	GONGURA CHUTNEY	MANGO PICKLE	TURAI CHUTNEY	MANGO PICKLE	WET MANCHURIA	PEAS CHUTNEY	
	FRYUMS	RINGS	MASALA FRYUMS	PAPAD	RINGS	RINGS	PAPAD	
	SWEET / FRUIT	PAPAYA	GULAB JAMUN	DOUBLE KA MEETHA	MUSK MELON	PAPAYA	SEMIYA KHEER	
	IK SNACKS	BURGER/MILK	MANCHURIA&SAUCE/ W.M JUICE	SOFT MURUKULU/MILK	KACHORI&SAUCE/ LEMON JUICE	PLUM CAKE/MILK	-	-
3.45 PM	SNACKS	BURGER/MILK	MANCHURIA&SAUCE/ W.M JUICE	VEG SANDWICH/COLD COFFEE	KACHORI&SAUCE/ LEMON JUICE	PLUM CAKE/MILK	DABELI/P.A.JUICE	ONION PAKODI /CHOCOLATE MILKSHAKE
5.30 PM	MILK / JUICE	MILK	MILK	MILK	MILK	MILK	MILKSHAKE	MILK
8.00-8.30	DINNER							
	SALAD	CAESAR SALAD	TWO MENUS	STEAMED VEGETABLES	ONION RINGS	SPROUTS SALAD	MIX VEG CHOP SALAD	GREEN SALAD
	SOUP							
	RICE	RICE	SOUTH INDIAN SPECIAL	ONION RICE/RICE	VEG FRIED RICE/EGG FRIED RICE	RICE/KHICHDI	RICE	RICE
	ROTI	PHULKA	AND	PALAK PARANTHA	PHULKA	PHULKA	PHULKA	PHULKA
	CURRY	ALU GOBI MUTTER/EGG CURRY	MEXICAN SPECIAL	ONION TOMATO CURRY/EGG BHURJI	RED CHANA	BHENDI FRY	CARROT BEANS FRY	ALU BHURJI
	DAL	SAMBHAR		DAL TADKA	SOYA GRANULES	KHADI PAKODI	ONION DAL	DRUMSTICK SAMBHAR
	CHUTNEY	LEMON PICKLE		MANGO PICKLE	DOSAKAI CHUTNEY	MIX VEG PICKLE	TOMATO CHUTNEY	MANGO PICKLE
9.30-9.40	FRYUMS	FRYUMS		RINGS	FRYUMS	POTATO CHIPS	PAPAD	FRYUMS
	CURD	BUTTER MILK		CURD	ONION RAITHA	CURD	CURD	CUCUMBER RAITHA
	SWEET / FRUIT							JALEBI
	COMPLAN	BOOST	BOURNVITA	HORLICKS	COMPLAN	BOURNVITA	BOOST	HORLICKS

NOTE : Different types of Fryums to be supplied daily.
 Wherever Veg curries are mentioned different types of vegetable to be used as per season.
 Milk/ Juice: different flavours to be supplied
 Tomato ketchup to be provided to IK Students wherever necessary

ISSUED BY
DIRECTOR