

## MENU FOR THE WEEK 11TH DEC'17 - 17TH DEC'17

### CHINESE SPECIAL

TIMINGS	ITEMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6.20-6.25 AM	MILK	HORLICKS	BOURNVITA	COMPLAN	BOOST	HORLICKS	BOURNVITA	HOT COFFEE
7.20-7.50 AM	BFAST	MASALA DOSA	PURI	RAVA IDLI	PANEER&VEG STUFF PARANTHA	VEG BAMBINO	SET DOSA	CHAPATHI
		CHUTNEY	ALU BHAJI	CHUTNEY/SAMBHAR	MINT CHUTNEY	CHUTNEY	CHUTNEY	ALU KURMA
		SAMBHAR	-	GHEE/KARAMPUDI	CURD	-	SAMBHAR	EGG BHURJI
		CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CHACO CHIPS
		B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM
		B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE
		BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG
12.20-1.30	LUNCH							
	SALAD	SHREDDED SALAD	SPROUTS SALAD	CAESAR SALAD	BEETROOT / PEANUT SALAD	CREAM SALAD	FINGER SALAD	RUSSIAN SALAD
	SOUP	MANCHOW SOUP			VEG CORN SOUP			
	RICE	RICE	ONION RICE/RICE	VEG PULAV	RICE	VEG FRIED RICE	RICE	SCHEZWAN RICE
	ROTI	GHEE ROTI	GHEE ROTI	LACCHA PARANTHA	PURI	VEG SOFT NOODLES	GHEE ROTI	GARLIC BREAD/DIP
	CURRY	ALU GOBI MUTTER	METHI CHAMAN	PANEER BUTTER MASALA	BLACK CHOLA DRY	AMERICAN CHOPSEY	CARROT BEANS FRY	MACRONI(RED ONLY)
	DAL	DAL TADKA	DAL/RASAM	CABBAGE PORIAL	VEG SAMBHAR	VEG SPRING ROLL	PALAK DAL	SPAGETTI
	CURD	CURD	CURD	CUCUMBER RAITHA	BUTTER MILK	RAITHA	CURD	ONION RAITHA
	CHUTNEY	TOMATO CHUTNEY	MANGO PICKLE	TURAI CHUTNEY	DOSAKAI CHUTNEY	WET MANCHURIA	MANGO PICKLE	WHITE PASTA
	FRYUMS	PAPAD	MASALA FRYUMS	PAPAD	RINGS	RINGS	PAPAD	FRYUMS
	SWEET / FRUIT	GAJAR KA HALWA	PAPAYA	DOUBLE KA MEETHA	CHOCOLATE BURFI	MUSK MELON	SUJI HALWA	FRUIT CUSTARD
	IK SNACKS	SAMOSA/MILK	MAGGIE/HOT MILK	CURRYPUFF/LEMON JUICE	CHOCOLATE BURFI/HOT MILK	COOKIES/MILK	-	-
3.45 PM	SNACKS	SAMOSA/MILK	VEG SANDWICH/COLD COFFEE	CURRYPUFF/LEMON JUICE	ONION PAKODI/HOT MILK	COOKIES/MILK	VADA PAV /MOSAMBI JUICE	FRENCH FRIES&TOMATO SAUCE/W.M JUICE
5.30 PM	MILK / JUICE	MILK	MILK	MILK	MILK	MILK	MILK	MILK
8.00-8.30	DINNER							
	SALAD	CHOPPED SALAD	FINGER SALAD	ONION RINGS	GREEN SALAD	SPROUTS SALAD	SHREDDED SALAD	ONION TOMATO SALAD
	SOUP							
	RICE	RICE/TOMATO RICE	RICE	RICE	EGG FRIED RICE/VEG FRIED RICE	RICE	RICE	RICE
	ROTI	PHULKA	PHULKA	METHI PARANTHA	PHULKA	PHULKA	PHULKA	PHULKA
	CURRY	JEERA ALU	BHENDI FRY/EGG CURRY	DUM ALU	ONION DRY	RED CHANA	KHADDU CHANA DAL	MUTTER MAKHANI
	DAL	DAL FRY	ONION DAL	PALAK DAL	METHI CHAMAN	VEG SAMBHAR	PAPPU CHARU	PUDINA DAL
	CHUTNEY	MANGO PICKLE	TOMATO CHUTNEY	TURAI CHUTNEY	LEMON PICKLE	MANGO PICKLE	TOMATO CHUTNEY	MANGO PICKLE
9.30-9.40	FRYUMS	PAPAD	FRYUMS	POTATO CHIPS	RINGS	MASALA FRYUMS	PAPAD	FRYUMS
	CURD	BUTTERMILK	CURD	CURD	ONION RAITHA	ONION RAITHA	CURD	CURD
	SWEET / FRUIT							FRUIT CUSTARD
	COMPLAN	BOOST	BOURNVITA	HORLICKS	COMPLAN	BOURNVITA	BOOST	HORLICKS

NOTE :

Different types of Fryums to be supplied daily.  
 Wherever Veg curries are mentioned different types of vegetable to be used as per season.  
 Milk/ Juice: different flavours to be supplied  
 Tomato ketchup to be provided to IK Students wherever necessary

ISSUED BY  
DIRECTOR